



Rock A Belly

BAR & DELI



718 N. Manhattan Ave. • Aggieville
785.539.8033
www.rockabellydeli.com

Open Monday—Saturday 10 a.m.—2 a.m.
Food served 10 a.m.—10 p.m.

**OUR FOOD IS SO GOOD,
WE EAT IT OURSELVES!**



BELLY WARMERS

SOUPS Cup \$4.29 / Bowl \$6.29
Check the board daily!

CHILI (seasonal) Cup \$4.29 / Bowl \$6.29
Substitute soup or chili for chips with your sandwich and save 50¢ off the price of soup.

TASTY TID-BITS

CHILE CON QUESO Lg \$7.99 / Sm \$4.29
Melted cheese dip with green chile bits and tomato served with tortilla chips for dipping.

HUMMUS Lg (serves 3+) \$7.29 / Sm \$4.29
A white bean dip with chick peas, lemon, garlic & tahini served with warm flat bread.

BLACK BEAN DIP Lg (serves 3+) \$7.29 / Sm \$4.29
Black beans, chopped red and green peppers and green onions are tossed in a cilantro lime sauce, served with tortilla chips.

PRETZELS WITH MUSTARD \$3.99

DINNER SALAD \$5.29
Sliced ham or turkey, cheese, tomato and green peppers with your choice of dressing: Ranch, Honey French, Thousand Island, Lite Italian, Creamy Caesar, Honey Dijon or Fat-Free Ranch.

SIDE SALAD (No meat) \$2.79

SPINACH SALAD \$6.49
Fresh greens topped with red onions, carrots, walnuts, bleu cheese and red wine vinaigrette.

SIDE SALAD \$2.79

VEG-TA-BULL \$6.59
Herbed cream cheese on whole wheat hoagie with sprouts, cucumbers, sunflower seeds, lettuce, and tomato.

CHICKEN SALAD \$6.59
Our homemade chicken salad made with all white chicken, celery, onions, mayo, sliced almonds, carrots, pineapple and spices, served in pita bread.

TUNA SALAD \$6.59
Water-packed white tuna blended with celery, sweet relish, onion, mayonnaise and spices, stuffed in pita bread.

BUBBA'S CHICKEN SALAD \$6.59
Our homemade all-white chicken salad, including almonds, mayo, bacon, raisins and spices. Served in pita bread.

SPECIAL TEASE SANDWICHES

ALL SANDWICHES ARE SERVED WARM WITH LETTUCE, TOMATO,
YOUR CHOICE OF BREAD, DRESSINGS, AND CHIPS.

BREADS

Steak Bun
Rye Bread
Sourdough Hoagie
Wheat Hoagie
Onion Roll
Wheatberry

DRESSINGS

Mayo Onions
Mustard Jalapeños
Deli Mustard Green Peppers
Italian Sprouts
Mushrooms Black Olives

SIDES

Potato Chips: Pretzels
• *Regular* Tortilla Chips
• *BBQ* American Potato Salad
• *Salt & Vinegar* German Potato Salad
• *Jalapeño* Naan Bread
• *Parmesan & Garlic*

BELLY BUSTER.....\$6.75

Sliced ham and turkey, layered with Swiss and American cheeses, topped with lettuce and tomato.

WESTERN.....\$7.29

One of our most popular subs! Lots of thin-sliced roast beef, ham and cheddar cheese, lettuce and tomato.

SUPER SUB.....\$7.29

Shaved turkey, salami and Mortadella bologna (contains pistachios), layered with Swiss and American cheeses, topped with lettuce and tomato.

SPICY.....\$6.75

Genoa salami and sliced pepperoni topped with Provolone cheese, lettuce and tomato.

VEGGIE.....\$7.29

Three kinds of cheese (Swiss, American and Provolone), layered with fresh mushrooms, green peppers, onions, lettuce and tomato with Italian dressing.

PASTRAMI.....\$7.75

Specially seasoned, lean peppered beef, topped with Provolone cheese, lettuce and tomato (try our Sweet Beaver mustard on this one!).

REUBEN.....\$7.75

Corned beef piled high with fresh kraut on rye bread, lots of Swiss cheese, and spicy deli mustard.

HAM & CHEESE.....\$6.75

Choice cooked ham stacked high and topped with your choice of American, cheddar, pepper jack, Provolone or Swiss cheese, lettuce and tomato.

ROAST BEEF & CHEESE.....\$7.75

Our best thin-sliced roast beef stacked high with your choice of American, cheddar, pepper jack, Provolone or Swiss cheese, lettuce and tomato.

TURKEY & CHEESE.....\$7.29

Turkey breast topped with your choice of American, cheddar, pepper jack, Provolone or Swiss cheese, lettuce and tomato.

X-TRA MEAT \$2.59

X-TRA CHEESE \$1.00

BACON \$1.59

Banana Peppers, Carrots, Beaver Horseradish,

Sweet Hot Mustard, Ketchup and Barbecue Sauce available on request.



A LITTLE ON THE SIDE

DILL PICKLE SPEAR (A crisp Kosher).....	39¢
COOKIES (We bake 'em).....	79¢
SIDE COQ/HUMMUS/BLACK BEAN SALSA....	\$1.99
CHIPS.....	\$1.79
POTATO SALAD.....	\$1.79
American or German	
CHILD'S CHEESE.....	\$3.00
American cheese on a steak bun with chips	

BAGELS

Choice of plain or everything

BAGEL WITH CREAM CHEESE.....	\$3.29
Served with plain cream cheese.	
HAM & CHEESE BAGEL.....	\$6.75
Our best thin-sliced ham stacked high, choice of cheese with lettuce, tomato and chips.	
GARDEN BAGEL.....	\$6.75
Served open-faced, topped with Swiss & American cheeses, lettuce, tomato, green peppers and onions, topped with Italian dressing.	

BEVERAGES

Pepsi, Diet Pepsi, Dr Pepper, Root Beer, Sierra Mist, Iced Tea, Lemonade.....	\$1.69
Coffee (All we can pour).....	\$1.19
Fruit Juice.....	\$1.99
Hot Tea (Ask your server for current selection).....	\$1.79

BIG SUBS

Special baked bread layered with two choices of meat, American and Swiss cheeses, lettuce, tomato and dressings, served with chips. Please order two days ahead.

"BIG SUBS".....	\$25.00
Serves 4 to 5	



Check our board for
daily specials.



BEER

Draft beer in our 23 oz. "Big Girl" or 14 oz. "Pint"

DRAFT BEER

Bargain Tap	Pint	\$2.00
	Big Girl	\$3.00
Bud Light	Pint	\$3.25
	Big Girl	\$4.25
Premium Taps	Pint Starting at	\$4.25
	Big Girl Starting at	\$6.00

BOTTLE BEER \$3.50

PREMIUM BOTTLE BEER Starting at \$4.00

GUINNESS PUB DRAUGHT CANS \$4.50

NON-ALCOHOLIC BEER \$2.50

COCKTAILS

BAR LIQUOR HIGHBALLS \$3.50

CALL BRAND HIGHBALLS
& BAR LIQUOR COCKTAILS \$4.25
Including Amaretto Sours, etc.

PREMIUM BRAND SPECIAL COCKTAILS
& LIQUORS \$5.00
Including creme drinks and premium liquors.

SUPER PREMIUM BRAND COCKTAILS ... \$5.75

TOP SHELF BRAND COCKTAILS \$7.00

WINES BY THE GLASS

See our wine board for specials.

ALL DRINK PRICES INCLUDE SALES AND EXCISE TAXES.



BIG GIRL FOO-FOOS\$7.75

A blend of liquors and juices served over ice in our 23 oz. Big Girl glasses!

LONG ISLAND ICED TEA

Vodka, gin, rum and Triple Sec blended with island fruit juices to taste like tea but have the punch of rocket fuel!

MAI-TAI

Rum, Triple Sec, Malibu rum, OJ and pineapple.

HURRICANE

Rum and pineapple blended with other stuff.

IRA

Peach, vodka, pineapple and Sierra Mist.

SUMMER BEERS

Pint.....	\$3.25
Big Girl.....	\$4.25

MARTINIS

House Vodka or Gin.....	\$6.75
Premi Tints: Absolut, Stol, Ketel One, Dirty Tints, or Cosmos.....	\$7.75
Super Premi Tints: Tanqueray, Bombay Sapphire, GreyGoose.....	\$8.75

**THANKS FOR COMING TO
ROCK-A-BELLY BAR & DELI**

We truly appreciate your patronage at Rock-A-Belly. Since we opened in June of 1987, we have tried to offer the best service, quality and a wide variety of food and drink on our menu. We have a very small place, a very small kitchen and a half-fast cook! If you have the time to wait, we promise you a very good meal.

If you don't have the time, please come back when you're not so busy.

PHONE IN FOR CARRY-OUT—539-8033

**VISIT OUR WEBSITE AT
WWW.ROCKABELLYDELI.COM**